

## Positive Discipline for Parents:



With an emphasis on helping children become caring, cooperative and capable.

*Workshops are fun, interactive, and are designed to create long term change in the child and parent -- not just a short term quick fix.*

The Child Development Centre, SPCRS's Supported Child Development, SD 59, and the BLT Society are partnering to offer parent classes and materials aimed at helping parents become the best parent they can be. This class covers a range of topics incorporating Positive Discipline principles that are relevant to each specific topic.

Parents are provided with non-punitive, respectful tools that incorporate kindness and firmness into parenting while teaching children important life skills at the same time.

Classes and materials teach parents how to apply Positive Discipline principles to common behaviour concerns such as:

not listening   back talk   morning and bedtime problems   defiance  
and many others

Sign up for a free 7-week **Parenting the Positive Discipline Way** session.

**Thursday mornings 10 AM - 12 PM January 23 to March 6, 2014**  
**Tremblay Elementary School**

Aimed at parents with birth to eight year olds. Child minding will be provided.

**To register please call or email Gloria Cleve 250-784-6330   [Gloria\\_Cleve@sd59.bc.ca](mailto:Gloria_Cleve@sd59.bc.ca)**



*Quotes from Positive Discipline author, Jane Nelsen:*

*"Where did we ever get the crazy idea that in order to make children do better, first we have to make them feel worse?"*

*"Being tough on tough kids doesn't make them kinder."*

*How can we expect children to control their behaviour when we don't control our own?"*

<http://www.positivediscipline.ca/>